



PARISH
MAGAZINE

OCTOBER 2020





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From the Rectory

October 2020

Dear Friends,

It is with great pleasure that I write the opening piece for this relaunched and renewed Parish Magazine. It seems even more important in these days of local lockdowns and social distancing that we stay connected as a church and as a local community. This magazine is one way we can reach out to one another.

As the nights begin to draw in and summer becomes a distant memory, you might begin to feel your mood take a dip. With the current situation, it is so easy to feel isolated and separated from the people and things which usually bring us life. It is therefore even more important that as a church family we continue to meet (in the flesh or otherwise) and I am committed to keeping open as many safe opportunities to do this as possible.

What good is the church in today's context? What is our purpose? I think it is to be a city on a hill, a lighthouse, a beacon of hope when darkness threatens to surround us. In Matthew's gospel these words of Jesus strike me as significant for right now: Matthew 5: 14-15 'You are the light of the world. A town built on a hill cannot be hidden. Neither do people light a lamp and put it under a bowl. Instead they put it on its stand, and it gives light to everyone in the house'. We are to be a light to the world, a shining example of hope in difficult times.

A lit town on a hill can be seen for miles around and a lamp in a window can light a whole street. The source of this light is, of course, the light of Christ and we look to him for our comfort and hope, and in turn share it with others.



What does this light of Christ look like? It can be as simple as a phone call or a letter ensuring no one feels forgotten. It could be a shopping trip for a neighbour, or a warm meal left outside someone's door. It could be faithful prayer for people to know Christ's love. As a church, one of the opportunities to share this love is through the prospect of starting a food pantry - please continue to pray as we work towards this.

Finally, the light of Christ is shown through the hope we have, the hope we carry with us - we do not face any of this alone. The Lord is close at hand and is at work. Even though we can't sing publicly at the moment, I am reminded of a hymn we often sing: Christ Be Our Light.

Longing for light, we wait in darkness
Longing for truth, we turn to You.
Make us Your own, Your holy people
Light for the world to see.

*Christ, be our light!
Shine in our hearts.
Shine through the darkness.
Christ, be our light!
Shine in Your church gathered today.*

May this be our prayer through this challenging season.
God bless,
Revd Chris

AUMBRY LAMP

WHICH BURNS CONTINUALLY BEFORE THE RESERVED SACRAMENT IN THE LADY CHAPEL IN CHURCH

IN MEMORY & CELEBRATION

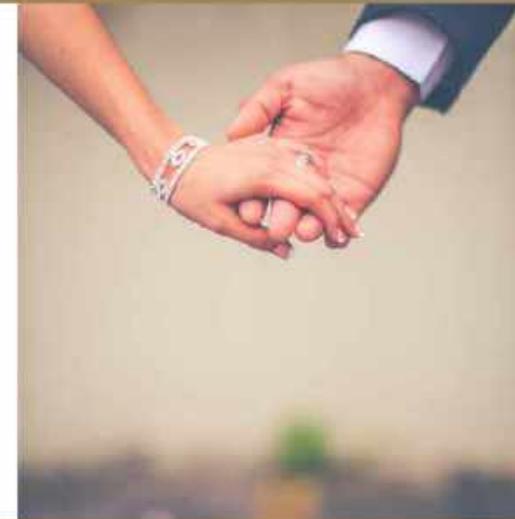
The Aumbry Lamp can be sponsored for as little as £5 a week to remember a loved one, or to mark an occasion or celebration. Simply contact the Parish office for more info or to arrange.

Parish office: 01524 422211
admin@morecambeparish.church

MORECAMBE PARISH CHURCH

Plan your special wedding with us

Ask us how we can help make your big day extra special



**Come along to any service to enquire or contact
the Parish Office for details.**



Parish Office 01524 422211
admin@morecambeparish.church



LATEST FROM MORECAMBE PARISH CHURCHCHOIR



I know I am not alone in being very grateful for the music and worship offered by Marylin, David and various choir members and musicians during our services at church. It has been such a balm, especially when we cannot sing out ourselves.



On the 1st October, after a very long hiatus, the Choir family finally got the chance to meet together in the flesh once again.

Of course, something like this can't happen without a great deal of careful planning and preparation. Marilyn and David and others have put a huge amount of effort into making sure such a meeting and future choir practices are as safe as possible for all who attend. Not to mention all the measuring of the church and the music sorting (see evidence of Karin hard at work above)!

As well as all this, the brand new choir folders (kindly donated) had their first outing and really helped with organisation— especially with all the extra precautions now taken.

The best thing by far in all this is that our choir family are once again able to meet and share in music, worship and the joy of one another. This really is a light on a hill!



and share in music, worship and the joy of one another. This really is a light on a hill!

Revd Chris



ORDINATION PHOTOS

Our Curate, Revd Catherine, was made Deacon at Lancaster Priory on 27th September 2020



Bishop Julian and Revd Catherine after the service



Revd Catherine and Revd Chris Oh dear!



It was available live streamed—the moment of ordination caught.



A glass of something to celebrate! Relaxing afterwards— well done Catherine!

THE LATEST FROM



OUR SCHOOL



It's fantastic to have all our children back after the summer break and to welcome to our amazing new reception class!

We've got all the new routines in place so that each class are a bubble and staying safe.

Life has changed but we're adapting and still making sure that we're learning and having lots of fun along the way!



A massive thanks to all the families who are helping by following the new procedures so well. We're teaching the full range of the curriculum as you can see from English and maths to PE and art.



Please keep praying for staff, pupils and their families, especially during this challenging time.



"The light shines in the darkness, and the darkness shall not overcome it"

John 1:5



The name "Halloween" comes from the All Saints Day celebration of the early Christian church, a day set aside for the solemn remembrance of the martyrs. All Hallows Eve, the evening before All Saints Day, began the time of remembrance. "All Hallows Eve" was eventually contracted to "Hallow-e'en," which became "Halloween."

As Christianity moved through Europe it collided with indigenous pagan cultures and confronted established customs. Pagan holidays and festivals were so entrenched that new converts found them to be a stumbling block to their faith. To deal with the problem, the organized church would commonly move a distinctively Christian holiday to a spot on the calendar that would directly challenge a pagan holiday. The intent was to counter pagan influences and provide a Christian alternative. But most often the church only succeeded in "Christianizing" a pagan ritual—the ritual was still pagan, but mixed with Christian symbolism. That's what happened to All Saints Eve—it was the original Halloween alternative!

The Celtic people of Europe and Britain were pagan Druids whose major celebrations were marked by the seasons. At the end of the year in northern Europe, people made preparations to ensure winter survival by harvesting the crops and culling the herds, slaughtering animals that wouldn't make it. Life slowed down as winter brought darkness (shortened days and longer nights), fallow ground, and death. The imagery of death, symbolized by skeletons, skulls, and the colour black, remains prominent in today's Halloween celebrations.

The pagan Samhain festival (pronounced "sow" "en") celebrated the final harvest, death, and the onset of winter, for three days—October 31 to November 2. The Celts believed the curtain dividing the living and the dead lifted during Samhain to allow the spirits of the dead to walk among the living—ghosts haunting the earth.

For others the focus on death, occultism, divination, and the thought of spirits returning to haunt the living, fuelled ignorant superstitions and fears. They believed spirits were earthbound until they received a proper send-off with treats—possessions, wealth, food, and drink.

Into that dark, superstitious, pagan world, God mercifully shone the light of the Gospel. Newly converted Christians armed themselves with the truth and no longer feared a haunting from departed spirits returning to earth. In fact, they denounced their former pagan spiritism.



Nonetheless, Christian converts found family and cultural influence hard to withstand; they were tempted to re-join the pagan festivals, especially Samhain. Pope Gregory IV reacted to the pagan challenge by moving the celebration of All Saints Day in the ninth century—he set the date at November 1, right in the middle of Samhain.

So, how should Christians respond?

First, Christians should *not* respond to Halloween like superstitious people. Christians have the truth of God's Word. Evil is no more active and sinister on Halloween than on any other day of the year; "But greater is He who is in you than he who is in the world" ([1 John 4:4](#)). God has forever "disarmed principalities and powers" through the cross of Christ and "made a public spectacle of them, triumphing over them through [Christ]" ([Colossians 2:15](#)).

Second, Christians should respond to Halloween with cautionary wisdom. Some people fear the activity of Satanists or pagan witches, but the actual incidents of satanic-associated crime are very low. The real threat on Halloween is from the social problems — drunk driving, pranksters and vandals, and unsupervised children. Like any other day of the year, Christians should exercise caution as wise stewards of their possessions and protectors of their families.

Third, Christians should respond to Halloween with Gospel compassion. The world lives in perpetual fear of death.

Christians should use Halloween and all that it brings to the imagination—death imagery, superstition, expressions of debauched revelry—as an opportunity to engage the world with the gospel of Jesus Christ. God's light overcomes all darkness.

There are several different ways Christians will engage in Halloween evangelism. Some will adopt a "No Participation" policy. As Christian parents, they don't want their kids participating in spiritually compromising activities—listening to ghost stories and colouring pictures of witches. They don't want their kids to dress up in costumes for trick-or-treating or even attending Halloween alternatives.

That response naturally raises eyebrows and provides a good opportunity to share the Gospel to those who ask. It's also important that parents explain their stand to their children and prepare them to face the teasing or ridicule of their peers and the disapproval or scorn of their teachers.

Other Christians will opt for light parties highlighting the light of God's love over the darkness of the festival.

There's another option open to Christians: limited, non-compromising participation in Halloween. There's nothing inherently evil about sweets, costumes, or trick-or-treating in the neighbourhood. In fact, all of that can provide a unique Gospel opportunity with neighbours. As long as the costumes are innocent and the behaviour does not dishonour Christ, trick-or-treating can be used to further Gospel interests.

Ultimately, Christian participation in Halloween is a matter of conscience before God. Whatever level of Halloween participation you choose, you must honour God.

Christians should send a message that God is "the light that shines in the darkness and the darkness shall not overcome it" What better time of the year is there to share such a message than Halloween?



Stamp Club



The Morecambe & District Philatelic Society was formed in 1947 and has had several "homes" around the area. It is now better known as Morecambe Stamp club and has members from all over the area. We have met for some years now in the War Memorial Hall and during the winter meet twice a month. We have about 20 members who all have different ways of collecting.

Each meeting we have speakers from all over the North-West as well as internal speakers and sometimes we are joined by members of other local societies. We also have an annual auction in October which is going ahead in a very different guise this year. However with the added

restrictions from this week meetings cannot take place at this time which is very upsetting for us all.

Stamp collecting began almost as soon as the first stamp was issued, the Penny Black, and has been a fascinating hobby therefore since 1840. Some members collect only these classic Queen Victoria stamps, others Great Britain in general or any number of different countries such as British Commonwealth, China, Greenland, Canada, Russia etc. Some collect themes – animals, fish, birds, Bible, Royalty, sport, in fact I once read an article which said that if you think of a subject it has been illustrated on a stamp.



First Day of Issue envelopes (FDCs) are another aspect of the hobby as is Postal History. When collectors get together it can get quite noisy as members catch up with the latest additions during the summer break!

We are a welcoming group who love to share this most fascinating hobby and we range from comparative beginners to those who have won medals at national events.



Why not try...?

Each month we are going to look at a different way to pray.

How have you found praying during the ongoing pandemic? I wonder if I am alone in having found it more challenging than usual. During lockdown, with (delightful!) children at home and little space to think never mind pray, I felt like I had run out of words. The desire to talk to God was there but I'd run out of steam. You might also feel like this if you live alone or have been in isolation - it can be harder to pray when we can't pray with others. When I became a Christian, a friend encouraged me to read Psalm 139 regularly and this led me to spend a lot of my prayer time in the Psalms. There is something for every occasion or mood - celebration, grief, frustration and anger, joy... If you are feeling lost for words, why not use the Psalms to help you pray.

Here are a few I've grown to love:

- Psalm 139 - You are precious in God's sight and always have been
- Psalm 51 - Confession and forgiveness
- Psalm 18 - God our refuge and rescuer
- Psalm 84 - Spending time in God's presence

Fiona Krawiec



People to pray for...

Those that are ill

Mary Wilson, Leslie Morgan, Eileen Hutchinson, Owen, Petria Burns, Tracy Parker, Tina, Brenda Hunt, Pauline Sterritt, Coralie Shimmons, Janet Sensicall, Alison Longhurst, Stuart Whyte, Emily Mather, Neil Paton, Guy Heath, John Gibson.



10 leftover pumpkin recipes you wish you'd known sooner..

Often wonder what to do with leftover pumpkin guts post-carving? From fritti to gratin, here's how you can make the most of those deliciously versatile insides.

Hopefully you're decorating your pumpkin with one of our "light in the darkness" ideas but with Halloween just around the corner and we want to give the humble pumpkin the makeover it deserves. Something like 18,000 tonnes of the stuff gets binned every year as ghoulish faces are carved and the innards thrown out, but what a waste!

We've put together a list of pumpkin recipe ideas to give your squash a new lease of life. It starts with what you buy. Pumpkin is just one of a whole variety of winter squash that come in all shapes, sizes and colours, from Crown Prince to onion squash. Try mixing and matching for an eclectic window decoration, then transform the sweet flesh into one of these frighteningly flavoursome ideas...

Keep the seeds!

Squash seeds need never be wasted, especially when it's so easy to transform them into a tasty snack. Rinse your seeds, pat them dry with a tea towel, toss through warming spices, salt or sugar, then throw them in a low or cooling oven – about 100°C – to dry out. Bashed fennel seeds, dried chilli and salt, cinnamon and sugar, garam masala or cumin seeds are tasty additions; eat them as a snack or throw them into salads for added crunch.



Pumpkin treat, no trick!



Try pumpkin fritti – the Italian excuse for deep-frying everything – by cutting the pumpkin flesh into pieces (any size will do as long as you keep them fairly thin), then dip them in batter and fry in plenty of oil until golden. Drain on kitchen paper, then serve hot with gratings of Parmesan and lots of sea salt. For extra-light, crisp results, whisk a couple of egg whites into the batter just before cooking, or spice it up with cinnamon, chilli flakes or even orange zest.

Odds and ends

Whatever you're left with after carving your pumpkin, the odds and ends will make the perfect hash. Chop the flesh up into rough pieces, then add to a pan with browning streaky bacon and onion, and leave it to soften. Sliced apples or other root veg are worth adding too, before finishing it off with crispy sage, a crumbling of blue cheese, sliced fresh chilli or a fried egg on top.



Dolloped and fried



Whether Sunday pancakes or a quick vegetable fritter, the free-spirited pumpkin is willing to adapt. For pancakes, steam or boil the offcuts, steam-dry and mash, then combine with milk, flour, eggs and your favourite spices. For sweet, try cinnamon, nutmeg and orange zest or for savoury, add chilli and finely chopped herbs. Dollop, fry and eat with a good drizzle of honey or a grating of cheese. For simple veggie fritters, grate up raw squash with other hard vegetables, like carrots or courgettes, combine with beaten egg, a little flour, chopped herbs and a crumbling of feta. Dollop and fry in a pan, then enjoy with a smidge of chilli sauce.

Baked comforts

The squash family lends itself to a comforting autumn bake, which – given it's Halloween – works out well. Chop the flesh into a gratin with plenty of garlic, rosemary, breadcrumbs and cheese, or mash the cooked flesh and use it either as an extra layer to a bubbling lasagne or to top a warming cottage pie. Alternatively, just keep it simple; bake the flesh in savoury pie, or just as it is with spices, like cumin or coriander seeds or chilli flakes, sea salt and olive oil, then use it in the days to come mashed onto hot toasts, tossed through a grain salad or blitzed into hummus.



Sweet things



Pumpkin purée might be sold in a can, but there's no reason not to make it yourself. Steam the flesh, then whiz it up in a blender with cinnamon, nutmeg, allspice, ground ginger and a little sugar until super smooth. Use it to make these spiced honey cakes or – in true American style – to fill a pumpkin pie after draining in muslin, or ditch the hot chocolate for a sweet and spiced chai latté.

Winter squash is a versatile veg so don't stop there. Throw it into soups and coconut curries – squash is particularly good with root ginger and chilli – or mash it up with ricotta for a ravioli filling or simply as a side to your favourite bangers.

<https://www.farmdrop.com/blog/pumpkin-ideas-way-use-leftover-recipes/>

OCTOBER

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

				1 19:30 Choir Practice	2	3
4 09:30 Quiet Communion 16:00 Baptism	5	6 10-10:30 Rhythm & Rhyme	7 9:00 School Worship 19:30 Love Wins	8 11:30 Quiet Communion 19:30 Choir Practice	9	10
11 Harvest Service 09:30 Quiet Communion 16:00 Quiet Communion	12	13 10-10:30 Rhythm & Rhyme 10:30 Bible Explorers	14 9:00 School Worship 17:30 PCC Meeting	15 11:30 Quiet Communion 19:30 Choir Practice	16	17
18 09:30 Quiet Communion 13:30 Kids@MPC 16:00 Quiet Communion	19	20 10-10:30 Rhythm & Rhyme	21 9:00 School Worship 19:30 Love Wins	22 11:30 Quiet Communion 19:30 Choir Practice	23	24
25 09:30 Quiet Communion 16:00 Quiet Communion	26 HALF TERM	27 HALF TERM 10:30 Bible Explorers	28 HALF TERM	29 HALF TERM 11:30 Quiet Communion 19:30 Choir Practice	30 HALF TERM	31 HALF TERM

Ideas and Activities



Send us a picture of your creations!



Could you make a Lego or Duplo harvest farm scene?

You could think about all the amazing things that grow and how thankful to God you are that you have so much choice to eat and drink.

ALTERNATIVE TO SPOOKY PUMPKIN CARVING

'Light in the Darkness' Pumpkins



Instead of spooky faces this year why not try different shapes?

You could try a cross shape, or the word "Love", a love heart or "Jesus".

Have fun and experiment with making light in the darkness pumpkins.



THE DIOCESE BLACKBURN

Save the dates

HOME GROWN CONFERENCE ALL WELCOME

13th OCTOBER AT 7pm until 14th OCTOBER AT 9pm 2020
<https://www.blackburn.anglican.org>

Polston Playtime presents

RHYTHM & RHYME

Socially distanced dancing session for children and their carers

Tuesday 10-10:30am Morecombe Memorial Hall £1 per family

Bring a snack & drink for your child

Book online USING Facebook

COVID-19 compliant please see our Facebook page for terms and conditions

KIDS @ MORECAMBE PARISH CHURCH

CHURCH FOR YOUNG FAMILIES

18th October 2020 @1:30-2:30 at the Memorial Hall

BOOK ONLINE find us on Facebook Morecombe Parish Church

Bible Study Notes



One of David Bolster's lockdown projects has been to write Bible studies for both beginners and those who have been reading the Bible for years.

If you would like to do some self-study go to the page 'Individual Bible study' on his website.
biblestudydavidbolster.com

In lockdown David also wrote about how he deals with his 'doubts', which you will find on the 'home page'.

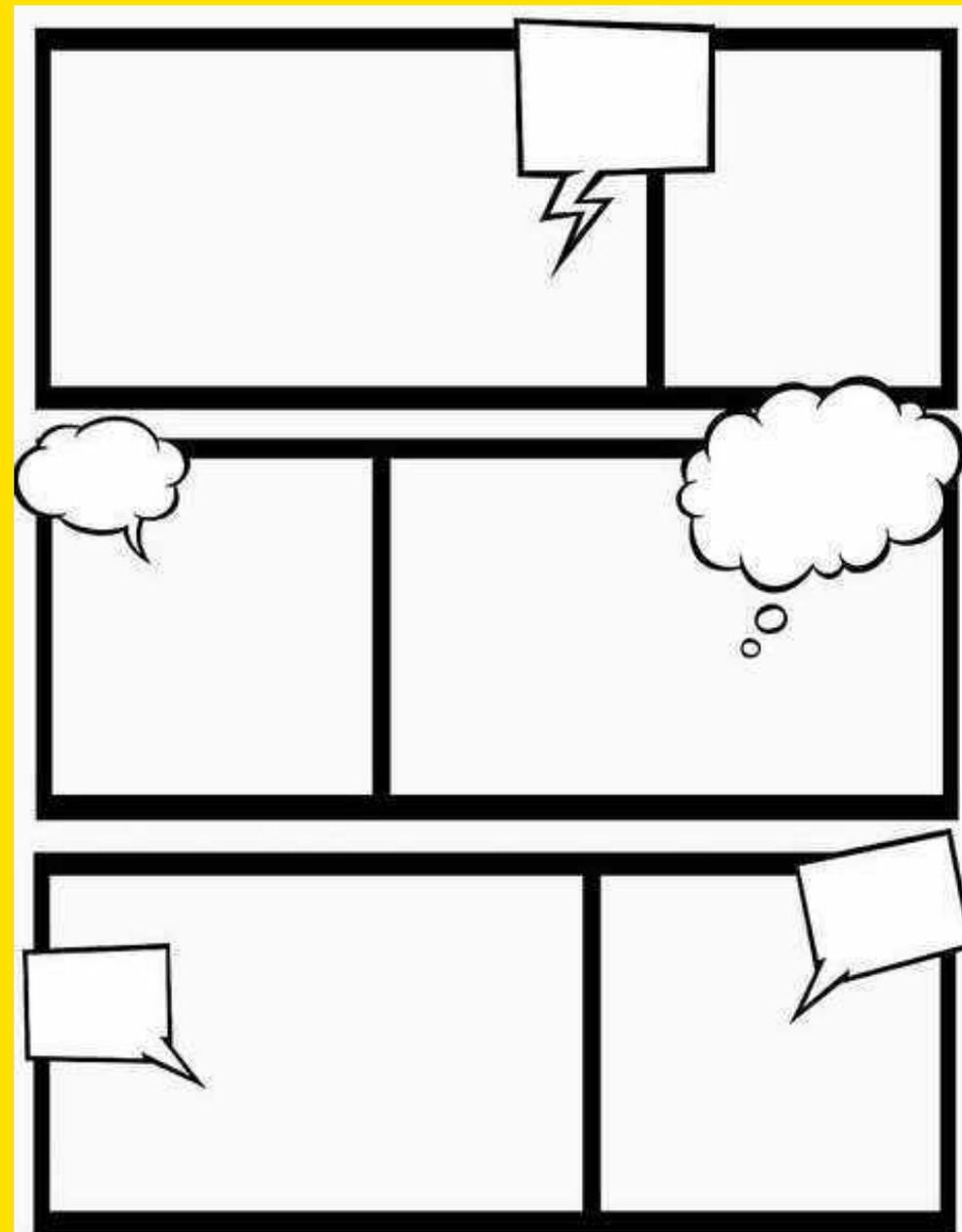
Thank you, David, for sharing these fantastic resources with us.

ANTI-BOREDOM
**COMIC STRIP
TAKEOVER**

Explosion!

Design your own superhero!

Now draw them in an adventure....
... what super-scrapes they get into...
...you decide!





MORECAMBE PARISH CHURCH

Invites you to

Follow the
Star
2020

AN OUTDOOR CHRISTMAS CELEBRATION

5:30-8:30pm
on 17th, 18th & 19th December
See website for further details
www.morecambe-parish-church.org.uk
or check our Facebook page.

Book Review



When I'm reading I like to alternate between something really light and frothy, and something a bit heavier. The Island falls into the second category, although I found it incredibly easy to read.

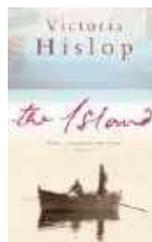
The Island tells the story of one family's connection to the little island of Spinalonga, a former Greek leper colony off the coast of Crete. Family secrets, a devastating illness and enduring love are woven together in this brilliant story, which moves between present day action and historic memories.

I really enjoy stories which link characters across time, and Hislop painted a vivid picture of what life must have been like for the great-grandmother in this family.

I found the characters easy to relate to, and liked the stories of romance that were found too. The Island was a really enjoyable read which left me with an urge to visit Crete, and spend time with my Nanny listening to old family stories while I still can.

Thanks to the Bolsters for the recommendation!

Revd Catherine Haydon



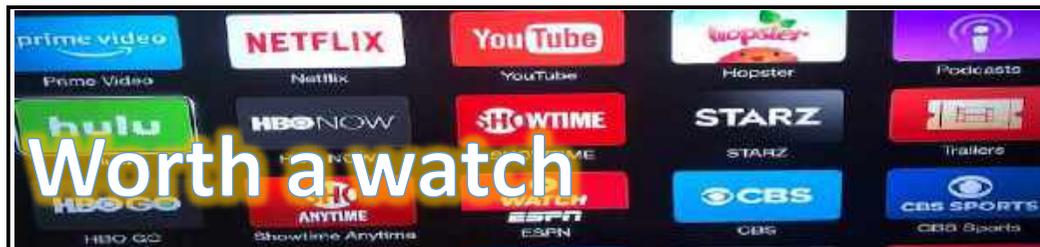
"Authentic Christian Ministry from 2 Corinthians"

A Quiet Day with
Bishop Julian

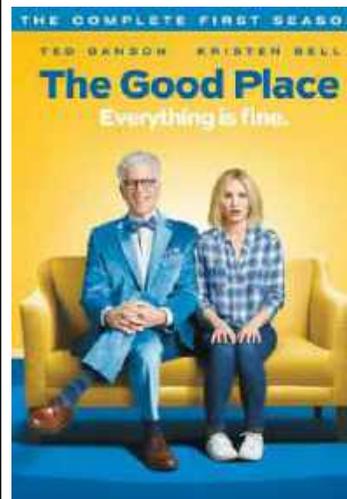
Thursday 15th October
10am-4pm Blackburn Cathedral

As the Apostle Paul refutes the claims of new leaders who have come to Corinth, so we learn what Authentic Christian Ministry is meant to look like.
£20.00 per person including a light lunch.

To book, please use the link: <https://bit.ly/3h0M1UE>



Worth a watch



The Good Place is a tv series set in the afterlife, where Eleanor Shellstrop (The main character) finds herself and soon realises she has been sent there in error. What follows is an interesting and comedic look at her attempts to not 'get caught' and to become a better person.

The Good Place is for the likes of beautiful philanthropist Tahani, silent Buddhist monk Jianyu and serious ethics professor Chidi. Eleanor, on the other hand, is the kind of person who reads 'Celebrity Baby Plastic Surgery Disasters' magazine and sells fake medicine to the elderly for a living.

Still, understandably, she wants to stay, so spends most of season one trying to keep her secret from Michael, the angel-architect overseeing the Good Place neighbourhood. As the season progresses the four main characters strike up an unlikely friendship, slowly come to realise each of their flaws and work together to learn how to grow into nicer individuals.

'Come to me all you who
are weighed down and I
will give you rest...'

MATTHEW 11:28

New to Church?
We'd love to meet you.

Why not connect with us in any of these ways:

morecambe-parish-church.org.uk

admin@morecambe-parish-church



01524 422211 Instagram facebook



The Mission to Seafarers

Caring for seafarers around the world

2020 has seen a number of challenges to our society due to COVID-19. We all saw how supermarkets became short of supplies during the early months; some of this will have been due to ships not being able to dock in ports around the country and offload their goods due to the lockdown restrictions.

Seafarers due to join ships have not been able to do so and, therefore, not been able to earn any money to send back to their families. Shore leave has become more difficult causing greater anxiety issues for the seafarers.

In Rotterdam, MtS chaplain Dennis Woodward was the last chaplain still visiting ships in port albeit socially distanced. In other ports worldwide the MtS chaplains have been working hard to provide support to any seafarers in port, managing to get supplies of food, medicine and sim cards to them; ship visiting to support the crews only happens from the gangway by request in a limited number of ports.

Therefore the Mission has worked hard to set up Chat to a Chaplain through digital chaplaincy, providing 24/7 support worldwide for the

crews and their families. It offers one-to-one counselling, spiritual support and practical advice on maritime guidelines in relation to the COVID-19 restrictions in each area, as well as port-specific advice.

The Mission has also started the Flying Angel Campaign to raise £600,000 to support:

- technological solutions such as the digital chaplaincy provision and Mifi Units (individual wifi units for chaplains to lend to ships to give them vital wifi access to enable crew members to contact their families.
- resilience in ports with global PPE provision and adaptations to the Seafarer Centres in ports to make them “Seafarer safe” – all the centres need deep cleaning, Perspex screens fitting and large amounts of sanitiser and antiseptic sprays.



There is also a great need to fund the Advocacy* side of the Mission’s work as there are more seafarers stranded and unable to get home and the families who also need physical support. A few months ago the team were able to help repatriate 94 sailors stranded in the UK back to India and provide food for their families.

Phyllis and I feel that all this makes it more important for us to try and support the work of the Mission. So we would like to take the opportunity to let you know that the

2020 Christmas Catalogue is now available

for ordering your Christmas cards, gift wrap, Advent candles and calendars. We will have the calendars in church (in sealed bags) for you to take away, peruse at your leisure and return to us each Sunday between now and 29th November.



** Advocacy – on this subject I have sad news to pass on. Some of you will remember a number of years back I asked the Revd Canon Ken Peters to come and talk about the Mission’s work one Sea Sunday. Ken spent 38 years with the Mission to Seafarers; his last role was as Director of Justice and Welfare, training chaplaincy teams and maritime inspectors. He always stressed the importance of working together to improve situations for the seafarers who provide so much of our everyday needs from food to medicines. He was regarded as one of the world’s leading advocates on crew welfare. Over the last 20 years Ken dealt with serious illness and we sadly lost him on 9th May. Phyllis in particular had known Ken and his family for many years – I had had the pleasure for only a comparatively short time – and we will miss his warmth and enthusiasm greatly.

Please continue to keep the work of the Mission to Seafarers in your prayers during these difficult times.

Carol & Phyllis

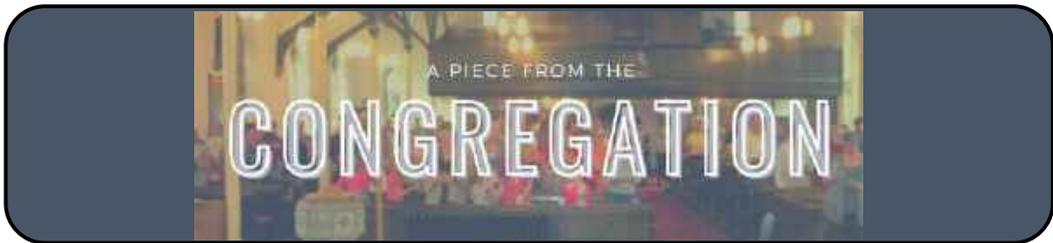
We want to hear from you!

Can you contribute?

- Photos
- Congregation Corner
- Group Information
- Church News
- Community News
- Other ideas...



Magazine Team



Hello!
My name is Suzie and I've recently started working for Christians Against Poverty (CAP) in the Lancaster and Morecambe Debt Centre.

CAP is a charity which offers not just support to those living in desperate poverty through debt, but hope for the future: a bright future, where people can rebuild their lives with the love of Jesus by their side.

Poverty and debt can destroy lives. Right here in our community there will be people who cannot afford to eat, heat their homes or meet basic needs. This can lead people into further debt, wreaking havoc within their lives. Debt can destroy families, make people feel isolated and trapped and lead some to feel the only way out is to end it all. At CAP, we are not prepared to sit back and let this happen. We are at work!

Through the compassion which God places in our hearts, we are working to meet with these people in desperate need and help them to work themselves out of their debt. We work to empower people and give them the skills and confidence to have a fresh start. We

also offer friendship and support through local churches, where people have the opportunity to receive prayer and community support.

CAP is on a mission! Now in the grips of COVID-19 our vision is more important than ever - To restore hope for those who are lost and hurting.

Would you like to hear more about what we do and see how you can be involved right here in Poulton? I'd love to hear from you

suzieshearsby@capuk.org

God Bless you!

Call 0800 328 0006

to book an appointment with Suzie

Shearsby

or Jono Peatman

(Debt Centre Manager)

Visit www.capdebthelp.org to find out more.



A reflection on Lockdown by Mary Bolster

May 7th 2020, six weeks into lockdown, was the day we had an unusual Bank Holiday in order to celebrate the 75th anniversary of Victory in Europe Day. I had seen a small handbill suggesting that people celebrate this in some small way so I copied and delivered a small invitation to many of our neighbours. I suggested that people come out into their front gardens at about 4pm, drink tea and eat cake or scones. It was almost an apology; I didn't think people would respond. How wrong I was. At least half of the residents of our street came out and shared sweets and cakes, (all social distancing was carefully adhered to.) One woman played the Last Post on her trumpet (very moving) while some of us sat out and chatted for hours talking with people we had hardly spoken to before that day. I was amazed at the response to my simple suggestion. The reality was, I had underestimated people's need for company. Six weeks of social distancing had made us almost desperate for the opportunity to talk with people other than the members of our own household. We were hungry; hungry for the chance to interact with others.

We have experienced Lockdown in many different ways but it seems to me that, apart from the serious medical issues that have obviously been at the forefront of many people's minds, trying to overcome the problems of isolation has been of prime importance to many of us. Those who have

knowledge and understanding of modern technology have done great things for us. How wonderful to discover that a choir or group of musicians could get together to produce such harmony together. And don't imagine it is easy; getting the music together is hard work. And who would have thought that we would find 'Zoom' quizzes such fun. We even had a 'zoom' birthday party for David during lockdown. How precious was that? And I know many of you are spending sometimes hours on the phone or video call to make sure lonely people are getting that vital 'listening ear' which is so important.

But nothing is as valuable as real human interaction. That is why being in 'solitary confinement' is considered to be such a severe punishment for those in prison. It introduces another layer of suffering to those already confined.

In the New Testament we see how many of the stories of Jesus are about simple interactions with people. He told stories, had conversations about simple human needs, he encouraged some, he corrected others, he had discussions on questions of law, he listened, he enjoyed simple meals, he went on fishing trips- the list is long.

Lockdown has taught me more about the value of simple human fellowship, friendship, company, call it what you will. We need each other; we need to talk and listen. As we enter this new phase let's all think about how we can support each other; we need each other more than ever before.



PUZZLE PAGES

Why not brew up and challenge yourself?

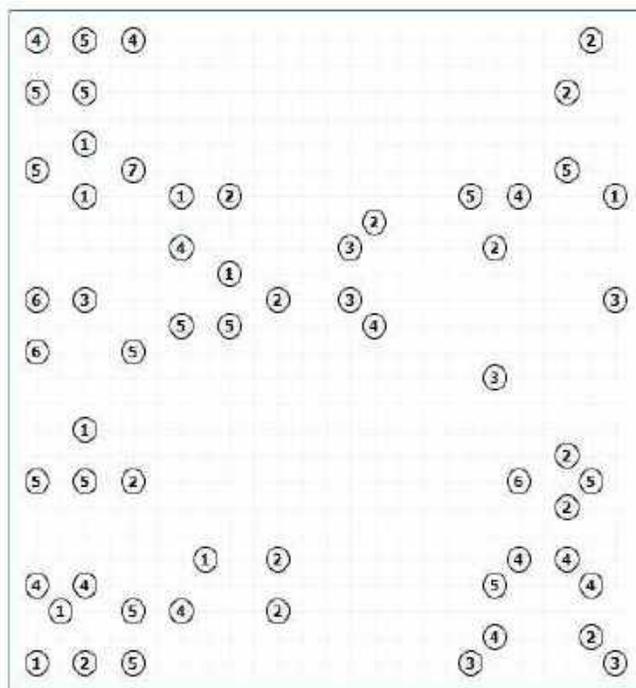
Sudoku

6	5	9		1		2	8	
1				5			3	
2			8				1	
			1	3	5		7	
8			9					2
		3		7	8	6	4	
3	2			9				4
				1	8			
		8	7	6				

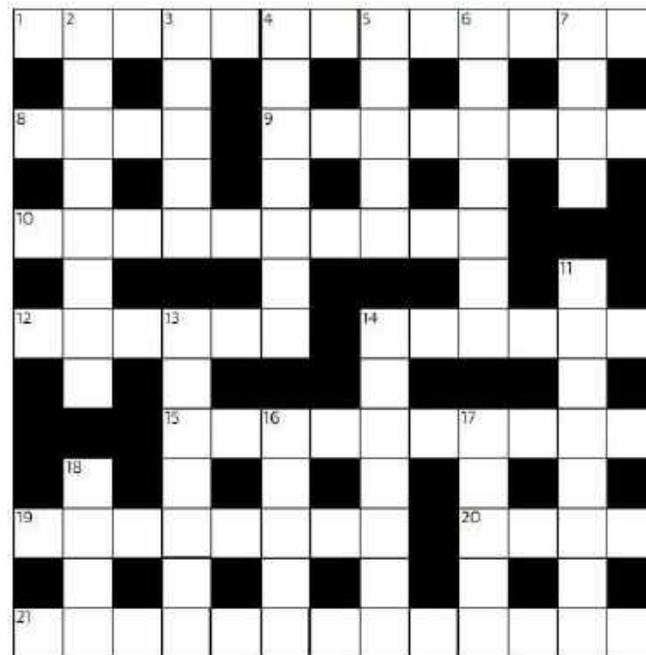
	6			7	2			1
8			1	3	6	5		
		3	4					
2			6	5				3
		6			7			1
			2			8	6	4
9	7		8	4				
		8			9			7
			7	2	1		8	3

Hashi

Hashi is played on a rectangular grid with no standard size. Some cells start out with numbers from 1 to 8 inclusive; these are the islands. The rest of the cells are empty. The goal is to connect all of the islands into a single connected group by drawing a series of bridges between the islands. The bridges must follow certain criteria: They must begin and end at distinct islands, travelling a straight line in between; They must not cross any other bridges or islands; They may only run orthogonally; At most two bridges connect a pair of islands; and The number of bridges connected to each island must match the number on that island.



Quick Crossword



Down

- 2 Attacked (8)
- 3 Given medicine (5)
- 4 Watch attentively (7)
- 5 Cut into two equal pieces (5)
- 6 Convent (7)
- 7 Far from fair (4)
- 11 Casino employee (8)
- 13 Separate (5,2)
- 14 Flaw (7)
- 16 Unadorned (5)
- 17 Muggy (5)
- 18 Labyrinth (4)

Across

<https://www.theguardian.com/crosswords/quick/15725>

- 1 Queenly attendants — small tarts (5,2,6)
- 8 Functions (4)
- 9 Without a sound (8)
- 10 Lake District lake, the largest in England (10)
- 12 Monster perhaps living in a Scottish lake (informal) (6)
- 14 Bavaria in German (6)
- 15 Irish elf (10)
- 19 Sliced cured beef (8)
- 20 Principal (4)
- 21 Action taken without prior knowledge of the consequences (4,2,3,4)

Baptism

ASK US ABOUT HOW WE CAN HELP YOU

START AN AMAZING JOURNEY

ask us about booking your child's Christening or baptism service

COME ALONG TO ANY SERVICE TO ENQUIRE OR CONTACT THE PARISH OFFICE FOR INFO

Parish office: 01524 422211
admin@morecambeparish.church

MORECAMBE PARISH CHURCH

Community Corner

Lancaster District Support Line



Connecting volunteers to people in need

01524 582000

Lancasterdistrictcovid19.org.uk/get-help

Lancaster City Council Lancaster District CVD Lancashire Hope Church

0800 804 8044

DailyHOPE

A free phone line of hymns, reflections and prayers

The Archbishop of Canterbury, Justin Welby, has launched a free national phone line as a simple new way to bring worship and prayer into people's homes while church buildings are closed because of the coronavirus.

If you would like to help support the work of the church:



Morecambe Parish Church
Triodos Bank
Acc. number: 21 139776
Sort Code: 16-58-10

Food Bank Help

If you or anyone in your household is struggling for food please get in touch with Rev Chris (Contact details overleaf) who can refer you for a Foodbank Parcel.

COMMUNITY ACTION RESPONSE: COVID-19

5 things you can do to make a positive difference in your community

 <p>Think of others, consider your actions & be kind</p> <p>People in every community will face the challenges of Covid-19 in some way - from needing basic provisions to help while they are unwell.</p>	 <p>Connect and reach out to your neighbours</p> <p>As self-isolation increases, we need to find new ways to stay connected and check in on one another for our physical and mental wellbeing. Share phone numbers and stay in touch.</p>	 <p>Make the most of local online groups</p> <p>Keep up to date, share information and be a positive part of your local community conversations.</p>	 <p>Support vulnerable or isolated people</p> <p>Different groups in our communities are at increased risk and social isolation and loneliness are key concerns for all ages. There are things you can do like volunteering for local support services or donating to food banks to help.</p>	 <p>Share accurate information and advice</p> <p>Support anyone who may be anxious about Covid-19. Sign post them to the correct advice from Public Health England and encourage people to follow the correct hygiene practices.</p>
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Church Who's Who



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Parish Administrator

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Carol Bennett
Church Warden

1745 - Holy Trinity - 2020
275 Years of mission and ministry here in Poulton-le-Sands

If you would like to write an article
or become a member of our magazine team
please email us at:
Newsletter@morecambeparish.church

Parish Office
Chelsie Collier
01524 422211
Admin@morecambeparish.church

Morecambe Parish Church
C/O Morecambe War Memorial Hall,
Church Walk, MORECAMBE,
LA4 5PR.
Registered Charity Number: 1154323
www.morecambeparishchurch.org.uk



Once again the need for food is high in this area.
Donations can be left in the Rectory Porch and will be
delivered to the foodbank weekly.

Thank you for all your donations. The foodbank is so grateful!

Urgently needed food BANK items

- ◇ Shampoo/shower gel.
- ◇ Loo Roll
- ◇ Nappies
- ◇ Pasta Sauce
- ◇ Tinned ravioli
- ◇ Sponge Puddings
- ◇ Wrapped Biscuits
- ◇ Tinned beans with sausage
- ◇ Soap
- ◇ Feminine hygiene items
- ◇ Baby milk
- ◇ Tinned mac and cheese
- ◇ Tinned meat
- ◇ Coffee
- ◇ Tinned spaghetti